

2021 Jan. Virtual Plant Clinic Resources mentioned for Seeds/ Books/Seedling Questions

Catalogs

Name	Web Address	City and State
Southern Seed Exposure	southernexposure.com	Mineral, VA
Roundstone Native Seed	roundstoneseed.com	Upton, KY
Prairie Noon Nursery	prairienursery.com	Winona, MN
Wood Thrush	woodthrushnatives.com	Floyd, VA
North Creek Nurseries	northcreeknurseries.com	Landenberg, PA
Hummingbird Hill Native Plant Nursery	hummingbirdhillnatives@gmail.com	Charlottesville, VA
Izel Plants	izelplants.com	Online retailer
The Gardener's Workshop	Thegardenersworkshop.com	Newport News, VA
FEDCO Seed & Supplies	Fedcoseeds.com	Clinton, ME
Johnny's Research & Farm	Johnnyseeds.com	Albion, ME
Wild Seed Project (non-profit)	Wildseedproject.net	Portland, ME

Seedling Questions;

1- Spraying with Chamomile tea works for damping off. Several agreed!

2- To prevent fungus when growing seedlings using Hydrogen Peroxide.....anyone experienced doing this? Research shows a dilution of 1:10 ratio – 35% Hydrogen Peroxide to Water and there is a commercially produced mixture. The extra Oxygen atom is very good for the seedling roots. (Water is H₂O & H₂O₂ is Hydrogen Peroxide) What we buy over the counter is 3% so 1 tsp to 1 C and mist the plant and this amount is suitable for pre-treating seeds to control fungal infections. For plants with root rot or fungal infections, use 1 T to 1 C. One source - gardeningknowhow.com

Books on Companion planting:

1- Book: *Carrots love Tomatoes: Secrets of Companion Planting for Successful Gardening* by Louise Riotte

2- Book: *Vegetables Love Flowers* by Lisa Mason Zigler

3- Some companion planting in this book – *The Foodscape Revolution* by Brie Arthur

Other information shared:

- For Native plants, ID-ing, and other resources – Face Book - Virginia Native Plant Society Group (The group page is where you can ask questions)
- Let arugula and radishes go to seed. They are good catch crops for insects.
- As you plan your veggie garden, try to plant a row for your local food bank.
- Book: *Dirty Knees: A Gardening Book for Rockbridge County, Virginia* by Nancy E. Johnston
- The Rockbridge Area Plant Hardiness Zone is approx. 6b or 7a with many 'micro-climates' in its elevations from about 800 feet to over 3,000 feet above sea level.